

The pediatric upper extremity course

EURECA MASTERCLASS

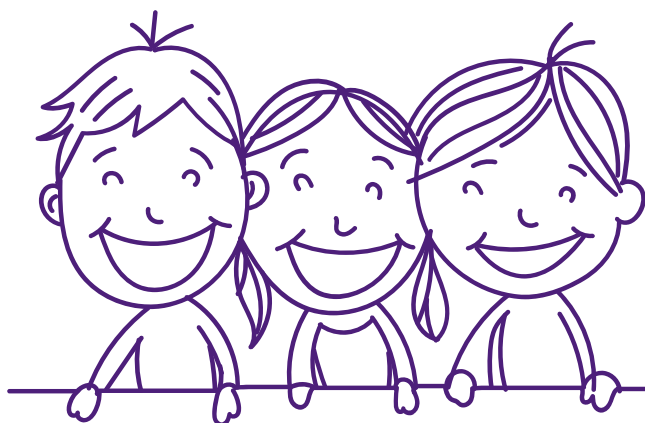
Small arms; large impact

16 & 17 APRIL 2026

16 APRIL: CONGRESS

17 APRIL: SKILLSLAB

ROTTERDAM



ACCREDITATIE WORDT AANGEVRAAGD VOOR KNGF / NOV / GVM

AS A CONSTITUENT OF



EURECA
ERASMUS UPPER EXTREMITY RESEARCH
EDUCATION & CARE FOR CHILDREN & ADULTS



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EURECA MASTERCLASS 2026

The pediatric upper extremity course

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Meet the faculty

Course directors

Denise Eygendaal, Orthopedic surgeon, Erasmus MC

Christiaan van Bergen, Pediatric orthopedic surgeon, Erasmus MC and Amphia Hospital

Anna van der Windt, Orthopedic surgeon, Erasmus MC

Confirmed faculty

Joost Colaris, Orthopedic surgeon and Hand surgeon, Erasmus MC

Arthur van Noort, Orthopedic surgeon, Erasmus MC and Spaarne Gasthuis

Andrea Chan, Pediatric Orthopedic surgeon, The Hospital for Sick Children, Toronto, Canada

Bertram The, Orthopedic and Hand surgeon, Amphia Hospital

Femke Claessen, Sports Medicine Physician, Erasmus MC and KNLTB Padel

Ernst Smits, Plastic Reconstructive and Hand surgeon, Erasmus MC

Femke van Erp Taalman Kip, Pediatric Orthopedic surgeon, Erasmus MC

Gert Bessems, Pediatric Orthopedic surgeon, Erasmus MC

René van der Lugt, Plaster Cast Master, Erasmus MC

Pjotr Goossens, Physiotherapist, Monné Zorg & Beweging

Bast van Osta, Physiotherapist, Jongh & van Osta

Eline van Es, 3D expert and clinical researcher, Erasmus MC



PROGRAM **EURECA MASTERCLASS**

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DAY 1 - 16 april CONGRES

- 09:00 **Registration**
- 09:30 **Opening**
The growing athlete: unique risks of childhood injuries
Christiaan van Bergen, Denise Eygendaal & Anna van der Windt
- 09:40 **Ice breaking session: interactive case discussion**
Denise Eygendaal, Christiaan van Bergen & Anna van der Windt
- Sports session: Tiny athletes, big breaks; a survival guide for when kids get too extreme**
- 10:10 **Loose, tired and growing: Shoulder struggle of young athletes**
Arthur van Noort
- 10:30 **Elbows under pressure: kids pushing past their limits**
Anna van der Windt & Femke Claessen
- 10:50 **Coffee break**
- 11:20 **The pediatric wrist**
Ernst Smits
- 11:40 **Skills 4 comfort; Pain management in children**
Femke van Erp
- 12:00 **Wrap-up morning program**
Anna van der Windt, Denise Eygendaal & Christiaan van Bergen
- 12:00 **Lunch break and walking-art event**
- 13:00 **Workshops**
- Case discussion with the experts
 - Distraction techniques for plaster application in kids
 - Physical examination
 - Challenges in guidance and supervision in high performance children
 - Radiology and ultrasound pediatric upper extremity
- 14:00 **Break**



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DAY 1 - 16 april CONGRESS

OMG fractures around the elbow: Playground warriors to cast wearing legends

14:30 **Supracondylar and lateral condyle fractures**
Andrea Chan

15:00 **Proximal humeral fractures**

15:10 **Elbow dislocations & instability including medial epicondyle fracture**
Bertram The

15:30 **Pitfalls in treatment of proximal radius fractures**
Andrea Chan

15:50 **Tea break**

Posttraumatic complications

16:10 **Posttraumatic contracture: Rehab, Bracing and Physio**

16:30 **Malunions: 3D corrective osteotomies and guided growth**
Eline van Es & Joost Colaris

16:50 **Wrap up & conclusions**
Christiaan van Bergen, Denise Eygendaal & Anna van der Windt

17:00 **Drinks**



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DAY 2 - 17 april SKILLSLAB

Wet lab cadaveric practical sessions

Lecture Morning

- 09:00 • **Anatomy of the growth plates and nerves in the pediatric arm**
Gert Bessems
- 09:10 • **Treatment options and open reduction for proximal radius fractures**
Andrea Chan
- 09:20 • **Lateral and medial approaches for open reduction of fractures in the pediatric elbow**
Denise Eygendaal
- 09:30 • **Surgical approach of (missed) Monteggia lesions**
Bertram The
- 09:40 • **Discussion**

09:45 Coffee Break

10:00 Skills lab;

- Approaches of the elbow medial and lateral
- Treatment of supracondylar fracture; open reduction and K-wires
- Correction osteotomy of the proximal ulna in missed Monteggia
- Treatment of radial head fracture

12:00 Lunch break

Lectures

- 13:00 • **Anatomy and approaches of the forearm**
Joost Colaris
- 13:10 • **Treatment of antebrachium fractures**
Joost Colaris
- 13:20 • **Anatomy and approaches of the wrist**
Ernst Smits
- 13:30 • **Treatment of wrist fractures in children**
- 13:40 • **Discussion**

13:45 Tea break

14:00 Skills lab;

- Approaches of the forearm
- Approaches of the wrist
- Plating of antebrachium fractures
- Plating or K-wire fixation of distal radius fractures

16:00 Wrap up and closure

Denise Eygendaal