

*The pediatric upper extremity course*

# **EURECA MASTERCLASS**

Small arms; large impact

**16 & 17 APRIL 2026**

16 APRIL: CONGRESS

17 APRIL: SKILLSLAB

ROTTERDAM



ACCREDITATION IS REQUESTED

AS A CONSTITUENT OF



**EURECA**  
ERASMUS UPPER EXTREMITY RESEARCH  
EDUCATION & CARE FOR CHILDREN & ADULTS



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MASTERCLASS



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## **Meet the faculty**

### **Course directors**

**Anna van der Windt**, Orthopedic surgeon, Erasmus MC

**Christiaan van Bergen**, Pediatric orthopedic surgeon, Erasmus MC and Amphia Hospital

**Denise Eygendaal**, Orthopedic surgeon, Erasmus MC

### **Confirmed faculty**

**Andrea Chan**, Pediatric Orthopedic surgeon, The Hospital for Sick Children, Toronto, Canada

**Arthur van Noort**, Orthopedic surgeon, Erasmus MC and Spaarne Gasthuis

**Bart van Osta**, Physiotherapist, Jongh & van Osta

**Bertram The**, Orthopedic and Hand surgeon, Amphia Hospital

**Eline van Es**, 3D expert and clinical researcher, Erasmus MC

**Ernst Smits**, Plastic Reconstructive and Hand surgeon, Erasmus MC

**Femke Claessen**, Sports Medicine Physician, Erasmus MC and KNLTB Padel

**Femke van Erp Taalman Kip**, Pediatric Orthopedic surgeon, Erasmus MC

**Gert Bessems**, Pediatric Orthopedic surgeon, Erasmus MC

**Joost Colaris**, Orthopedic surgeon and Hand surgeon, Erasmus MC

**Klaske Nieuwenhuis**, Rehabilitation Physician, Erasmus MC

**Lucas Timmermans**, Pediatric Trauma surgeon and Trauma surgeon, Raboudumc

**Martine Oomen**, Orthopedic Cast Technician, Amphia Hospital

**Pjotr Goossens**, Physiotherapist, Monné Zorg & Beweging

**René van der Lugt**, Orthopedic Cast Technician, Erasmus MC



PROGRAM

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**DAY 1 - 16 april CONGRES**

09:00 **Registration**

09:30 **Opening**

*The growing athlete: unique risks of childhood injuries*  
Christiaan van Bergen, Denise Eygendaal & Anna van der Windt

09:40 **Ice breaking session: interactive case discussion**

Denise Eygendaal, Christiaan van Bergen & Anna van der Windt

**Sports session: Tiny athletes, big breaks; a survival guide for when kids get too extreme**

10:10 **Loose, tired and growing: Shoulder struggle of young athletes**

Arthur van Noort

10:30 **Elbows under pressure: kids pushing past their limits**

Anna van der Windt & Femke Claessen

10:50 **Coffee break**

11:20 **The pediatric wrist**

Ernst Smits

11:40 **Skills 4 comfort; Pain management in children**

Femke van Erp

12:00 **Wrap-up morning program**

Anna van der Windt, Denise Eygendaal & Christiaan van Bergen

12:00 **Lunch break**

13:00 **Workshops**

- **Case discussion Trauma**

Arthur van Noort, Ernst Smits, Andrea Chan & Christiaan van Bergen

- **Case discussion Sport**

Femke Claessen & Bertram The, Bart van Osta & Martin Baan

- **Distraction techniques for plaster application in kids**

Martine Oomen, Rene van der Lugt, Max Poppelaars & Femke van Erp

- **Physical examination & Ultrasound**

Pjotr Goossens, Jamie Barkmeijer, Joost Colaris & Anna van der Windt

14:00 **Break**



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*DAY 1 - 16 april CONGRESS*

**OMG fractures around the elbow: Playground warriors to cast wearing legends**

- 14:30 **Supracondylar and lateral condyle fractures**  
Andrea Chan
- 15:00 **Proximal humeral fractures**  
Lucas Timmermans
- 15:10 **Elbow dislocations & instability including medial epicondyle fracture**  
Bertram The
- 15:30 **Pitfalls in treatment of proximal radius fractures**  
Andrea Chan
- 15:50 **Tea break**
- Posttraumatic complications**
- 16:10 **Posttraumatic contracture: Rehab, Bracing and Physio**  
Klaske Nieuwenhuis
- 16:30 **Malunions: 3D corrective osteotomies and guided growth**  
Eline van Es & Joost Colaris
- 16:50 **Wrap up & conclusions**  
Christiaan van Bergen, Denise Eygendaal & Anna van der Windt
- 17:00 **Drinks**



PROGRAM

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DAY 2 - 17 april SKILLSLAB

## Wet lab cadaveric practical sessions

### Lecture Morning

- 09:00 • **Anatomy of the growth plates and nerves in the pediatric arm**  
Gert Bessems
- 09:10 • **Treatment options and open reduction for proximal radius fractures**  
Andrea Chan
- 09:20 • **Lateral and medial approaches for open reduction of fractures in the pediatric elbow**  
Denise Eygendaal
- 09:30 • **Surgical approach of (missed) Monteggia lesions**  
Bertram The
- 09:40 • **Discussion**

09:45 **Coffee Break**

10:00 **Skills lab;**

- Approaches of the elbow medial and lateral
- Treatment of supracondylar fracture; open reduction and K-wires
- Correction osteotomy of the proximal ulna in missed Monteggia
- Treatment of radial head fracture

12:00 **Lunch break**

### Lectures

- 13:00 • **Anatomy and approaches of the forearm**  
Joost Colaris
- 13:10 • **Treatment of antebrachium fractures**  
Joost Colaris
- 13:20 • **Anatomy and approaches of the wrist**  
Ernst Smits
- 13:30 • **Treatment of wrist fractures in children**  
Lucas Timmermans
- 13:40 • **Discussion**

13:45 **Tea break**

14:00 **Skills lab;**

- Approaches of the forearm
- Approaches of the wrist
- Plating of antebrachium fractures
- Plating or K-wire fixation of distal radius fractures

16:00 **Wrap up and closure**

- Denise Eygendaal