

NVA ANNIVERSARY CONGRESS

20 25



Nederlandse Vereniging
voor Arthroscopie

THURSDAY 4 & FRIDAY 5 SEPTEMBER 2025
HUIS TER DUIN, NOORDWIJK
THE NETHERLANDS



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PROGRAMME THURSDAY, SEPTEMBER 4TH

08.00	Registration & Coffee
08:40	Official welcome by Duncan Meuffels , Chairman Board NVA
08.45	Scientific Program Part 1: Roundtable Session: Reflections, Insights & Inspirations from NVA Leadership Chair: Duncan Meuffels , Room: Keizerzaal
	In this engaging roundtable discussion, former chairs of the NVA will reflect on their time in office—highlighting key innovations, impactful changes, and transformative moments from their leadership years. They will share valuable lessons learned, offer guidance for current and future members, and discuss potential challenges and opportunities that lie ahead for the association. Drawing from their deep experience and personal journeys, the panelists will open up about their wisdom, insights, and life lessons—creating space for mutual learning and inspiration. Arthur Lim (1989-1992), Jaap Willems (1992-1995), Burt Klos (2002 - 2005), Gino Kerkhoffs (2014 - 2017), Jacco Zijl (2017-2023)
09.45	Coffeebreak & exposition
	Scientific Program Part 2: Shoulder Traumatic Anterior Instability Chairs: Olivier van der Meijden & Okke Lambers Heerspink , Room: Keizerzaal
10.15	Is there still a Role for the Isolated Bankart Repair? J.C. Yoo , Orthopedic Surgeon, Samsung Medical Centre, Seoul, South Korea
10.35	Arthroscopic Latarjet; is it Worth the Learning Curve? Barbara Campos , Orthopedic Surgeon, CUF Tejo Clinic, Lisbon, Portugal
10.55	Dynamic Anterior Stabilization; Here to Stay? Ana Catarina Angelo , Orthopedic Surgeon, Clinica Joaquim Chaves and Hospital SAMS, Lisbon, Portugal
11.15	Nothing beats Classic Latarjet Nicolas Bonneville , Orthopedic Surgeon, CHU de Toulouse, France
11.35	Panel discussion & questions
11.45	NVA Annual Member Meeting



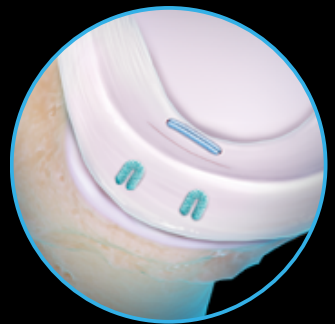
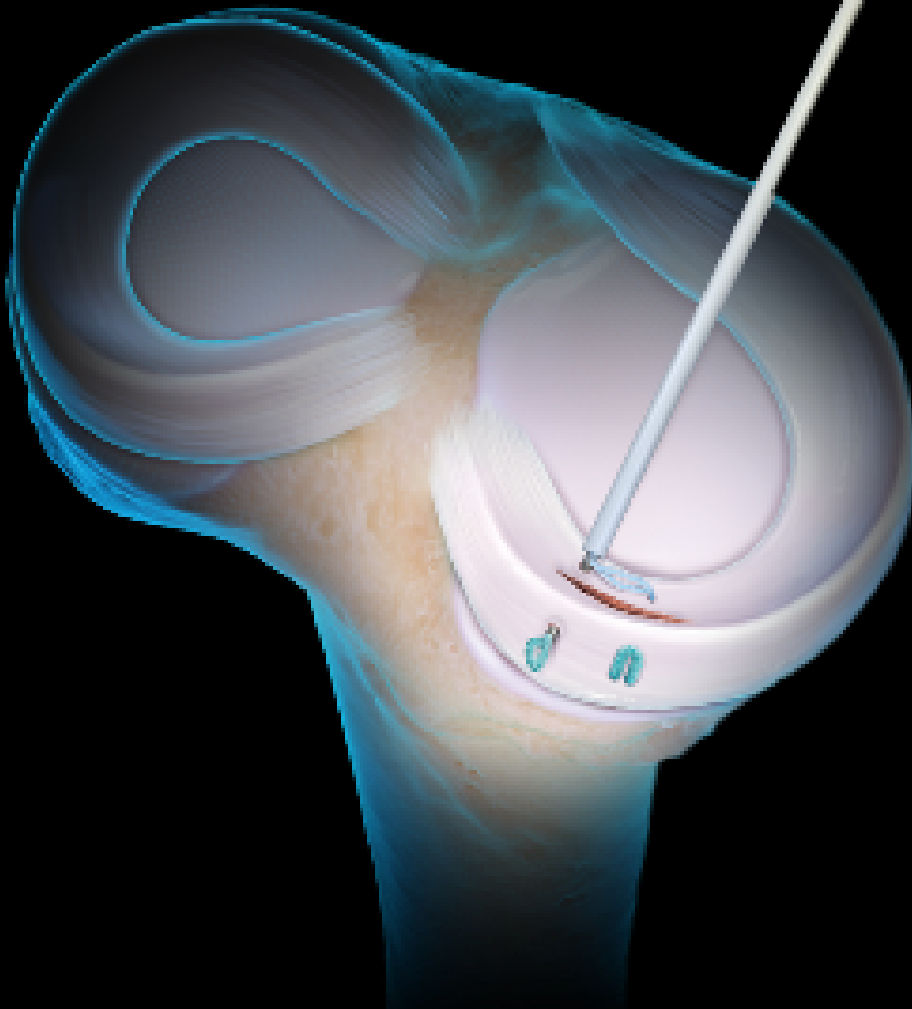
PROGRAMME THURSDAY, SEPTEMBER 4TH

12:45	LUNCH & EXPOSITION
	Scientific Program Part 3: Meniscus Chairs: Aernout Zuiderbaan & Bart Oudelaar , Room: Keizerzaal
13.45	Meniscus Root Injuries: Bridging Biomechanics with Modern Practice Wybren van der Wal , Orthopedic Surgeon, Ziekenhuis Gelderse Vallei, NL
14.05	The Role of Alignment in Meniscal Injury Treatment Alan Getgood , Orthopedic Surgeon, Aspetar, Qatar
14.25	Meniscus Injury in High Level Athletes Andy Williams , Orthopedic Surgeon, Fortius Clinic, United Kingdom
14.45	Meniscal Transplant, 25 years of Experience Ewoud van Arkel , Orthopedic Surgeon, Haaglanden Medisch Centrum, NL
15.05	Discussion
15.15	Coffee / Tea break
	Scientific Program Part 4: Hip, Patellofemoral and Sports Psychology Chairs: Tom Piscaer & Nienke van Egmond , Room: Keizerzaal
15.45	Hip Arthroscopy Enrico de Visser , Orthopedic Surgeon, CWZ, Nijmegen, NL
16.10	Patellofemoral Instability in the Setting of High-Grade Dysplasia: The Role of MPFL Reconstruction and Trochleoplasty Laurie Hiemstra , Orthopedic Surgeon, Banff Sport Medicine, Canada
16.35	Psychological Skills for Elite Performances and Mental Health Rico Schuijers , Sports Psychologist, ProTask, Doornenburg, NL
17.00	Panel discussion
17.15	Drinks Accompanied with beach activities
18.30	Festive Anniversary Celebration (ticket required)

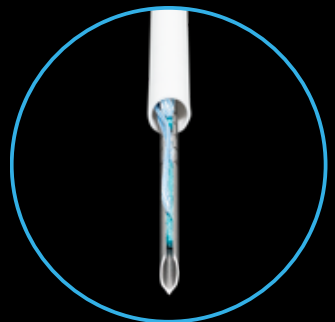
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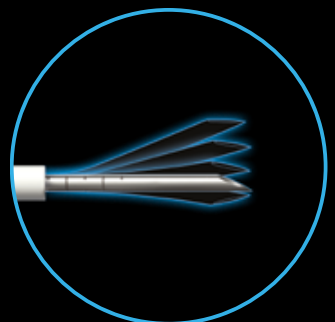
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PROGRAMME FRIDAY, SEPTEMBER 5TH

07.00	Energizing morning activities (for early birds)
08.00	Registration & Coffee
	Scientific Program Part 5: Ankle Chairs: Anika Tsuchida & Thomas Eggen , Room: Keizerzaal
08.30	Optimal Treatment for Navicular Fractures in Athletes James Calder , Orthopedic Surgeon, Fortius Clinic, UK
08.55	Operative Reconstruction of Lateral Ankle Ligaments Urszula Zdanowicz , Orthopedic consultant, LIFE Healthcare Network, Warsaw, Poland
09.20	Orthopaedic medicine; hormones, habits, pain and psychology Sjoerd Stufkens , Orthopedic Surgeon, Amsterdam UMC, NL
09.45	Discussion
10.00	Coffee / Tea break
	Scientific Program Part 6: Other fun Chairs: Olivier van der Meijden & Nienke van Egmond , Room: Keizerzaal
10:30	The Elbow Roger van Riet , Orthopedic Surgeon, AZ Monica, Antwerp, BE
10:55	AI in Orthopedics Paul Koning , Orthopedic Surgeon n.p., Co-Founder OurMind
11.20	Scientific Program Part 7: Free papers (6 free papers out of submitted abstracts - 7" presentation & 2" discussion) Chairs: Frank Bloemers & Aernout Zuiderbaan , Room: Keizerzaal
11.20	Exploring factors influencing surgeons decision-making in the treatment of slap lesions: a case-vignette study Noah Schoon , Alps Surgery Institute Annecy
11.29	Juvenile osteochondritis dissecans of the knee in a general population: prevalence and characteristics Laura Kemmeren , Erasmus MC Rotterdam



PROGRAMME FRIDAY, SEPTEMBER 5TH

11.38	Development and internal validation of a machine learning algorithm to predict retear and patient-reported outcome measures in 2,170 patients undergoing arthroscopic rotator cuff repair Laurens Allaart, OLVG Amsterdam
11.47	Role of tobacco on anterior cruciate ligament graft failure rates and functional outcomes: a systematic review and meta-analysis Jean-Paul S. Rinne, Hospital for Special Surgery
11.56	The impact of the Deep Lateral Femoral Notch Sign (DLFNS) in skeletally immature patients with ACL injuries. Annika Ito, Maxima Medisch Centrum Eindhoven
12.04	The Prevalence, Size, and Anatomic Location of Cartilage and Osteochondral Lesions in Athletes With an Acute Ligamentous Ankle Injury Thomas Baltes, Amsterdam UMC / Aspetar
	Scientific Program Part 8: Parallel Sessions
12.15	“Advanced approaches to multi-ligament knee injuries and meniscus preservation” Alan Getgood , Orthopedic surgeon, Doha, Qatar & Andy Williams , Orthopedic surgeon, Fortius Clinic, UK Room: Keizerzaal
12.15	“Preserve the Knee, Repair the Meniscus” Live Surgery & Expert Insights Stefan Heijnen , Orthopedic surgeon, Bergman clinics, NL & Yde Engelsma , Orthopedic surgeon, Bergman clinics, NL Room: Pické 3
12.15	“Massive Cuff? An overview of possibilities such as SCR, LLT transfer and Muscle Advancements” Okke Lambers Heerspink , Orthopedic surgeon, Viecuri hospital, NL Room: Van Berkellounge
13.00	Lunch, Exhibition & Postersession Pické 1 & 2 (for posters see following pages)

+ NVA Jaarcongres Breakout Sessie

Mastering Meniscal Repair in Complex
Multiligamentous Knee Injuries

5 September NVA | Jaarcongres | Huis Ter Duin |
12:15 - 13:00



Dr A. Williams
(Chairman)



Dr A. Getgood
(Speaker)



Dr M. Zee
(Speaker)



Dr A. Zuiderbaan
(Speaker)



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Postersession / presented posters

13.00	Postersession (During lunch following posters will be presented).
	Incidence and risk factors for cyclops syndrome partly predictable based on three risk factors ~ A single-center retrospective nested case-control study Eline S.M. Meijer, MST
	The posterior cruciate ligament-posterior femoral cortex angle (PCL-PCA) is the most reliable and accurate method to identify knee decompensation in ACL-deficient skeletally immature patients. R.N.J. Voskuilen, Maxima MC, Veldhoven, Netherlands
	Successful return to sport following distal femoral osteotomy and lateral unicompartmental knee arthroplasty for isolated lateral knee osteoarthritis: a systematic review and meta-analysis Gaby ten Noever de Brauw, Amsterdam UMC
	Forgotten Joint Score and Re-Rupture Rate Differences Between Hamstring Anterior Cruciate Ligament Reconstruction with and without Lemaire Extra-Articular Tenodesis. Joris Hendriks, Ziekenhuis Gelderse Vallei
	Differences in objective functional outcomes between gender in the rehabilitation after ACL reconstruction surgery Silke van Egmond, Bergman Clinics
	A review on the use of Enamel Matrix Derivate for regeneration of non-periodontal tissues. Omar Zada
	Psychological Footprint: The Association Between Mental Health and Clinical Outcomes in Osteochondral Lesions of the Talus Juliëtte Pijnacker, Amsterdam UMC
	AutoCart treatment for osteochondral lesions of the talus: a good idea? Maurits van Engelenhoven, Martini Ziekenhuis Groningen



PROGRAM FRIDAY SEPTEMBER 5TH

14.00	Scientific Program Part 9: Parallel Sessions Partner Societies VSG: Chairs: Pim van Klij , Room: Keizerzaal NVFS: Chairs: Mark Diks , Room: Pické 3
VSG	The Female Athlete: From Hip Morphology to Osteoarthritis (PROFE Study) Rintje Agricola , Orthopedic Surgeon, Anna Ziekenhuis, NL & Tom Beddows , PhD Erasmus MC, Rotterdam, NL Paralympic Power: The Team Behind the Athlete Hiske Kneepkens , Sportsmed, NOCNSF, NL
NVFS	Examination and Rehabilitation Considerations of Patients with Patellofemoral Instability - not just your Standard Knee Evaluation Laurie Hiemstra , Orthopedic Surgeon, Banff Sport Medicine, Canada Patients with Patellofemoral instability, get 'em stable on the field! Jiri Rutten , Physiotherapist and Manual Therapist, Fysiotherapie Utrecht, NL
15.00	Coffee / Tea break
	Scientific Program Part 10: Ligamentous Knee Injuries Chairs: Roy Hoogeslag & Wybren van der Wal , Room: Keizerzaal
15.30	Individualized ACL Reconstruction - Lessons from the Stability Trials Alan Getgood , Orthopedic Surgeon, Aspetar, Qatar
15.55	MCL Anatomy, and Biomechanics, and their Relevance to MCL Surgery Andy Williams , Orthopedic Surgeon, Fortius Clinic, United Kingdom
16.20	ACL Revisions, One- or Two-Stage, with or without Lateral Extra-articular Procedure. Marc Jacob Strauss , Orthopedic Surgeon, Oslo University Hospital, Ullevål, Norway
16.45	Discussion
17.00	Scientific Program Part 11: Final Room: Keizerzaal
	Eikelaar award
	Closure
17.00	Farewell Drinks & Appetizers

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Meniscus Repair System



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Nederlandse Vereniging
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Rintje Agricola
Netherlands



Ana Catarina Angelo
Portugal



Ewoud van Arkel
Netherlands



Tom Beddows
Netherlands



Nicolas Bonneville
France



James Calder
United Kingdom



Barbara Campos
Portugal



Alan Getgood
Qatar



Laurie Hiemstra
Canada



Gino Kerkhoffs
Netherlands



Burt Klos
Netherlands



Hiske Kneepkens
Netherlands



Paul Koning
Netherlands



Arthur Lim
Netherlands



Roger van Riet
Belgium



Nederlandse Vereniging
voor Arthroscopie

FACULTY



Jiri Rutten
Netherlands



Rico Schuijers
Netherlands



Marc Jacob Strauss
Norway



Sjoerd Stufkens
Netherlands



Enrico de Visser
Netherlands



Wybren van der Wal
Netherlands



Jaap Willems
Netherlands



Andrew Williams
United Kingdom



JC Yoo
South Korea



Urszula Zdanowicz
Poland



Jacco Zijl
Netherlands



Nederlandse Vereniging
voor Arthroscopie

ANNIVERSARY MEETING 2025

Thursday 4 & Friday 5 september 2025
The Netherlands

VENUE:

Huis ter Duin
Kon. Astridboulevard
Noordwijk

ORGANISATION:

NVA / Excel Congressservice
Van Rijckevorsellaan 31
5066 BR Moergestel
www.excelcs.nl
T. +31 13 544 00 13
E. Info@excelcs.nl

ACCREDITATION 12 POINTS:

Granted by:
NOV
VSG
KNGF (vakinhoudelijk & sport)
NAPA

REGISTRATION FEE:

	1 DAY	2 DAYS	PACKAGE-DEAL*
MEMBER	250	475	750
RESIDENT	125	225	550
NON- MEMBER	300	575	850
*2 DAY CONGRES, THURSDAY HOTELROOM, TICKET PARTY			

REGISTER THROUGH
EXCELCS.NL/NVA2025



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