



Nederlandse Vereniging
voor Arthroscopie

NVA

JAARCONGRES

WHEN THINGS GO WRONG..

Location:
Landgoed de Horst
Driebergen-Rijsenburg

Time:
September 18th 2026
8:30 - 17:15

Arthrex 
Smith+Nephew

DePuy
Synthes

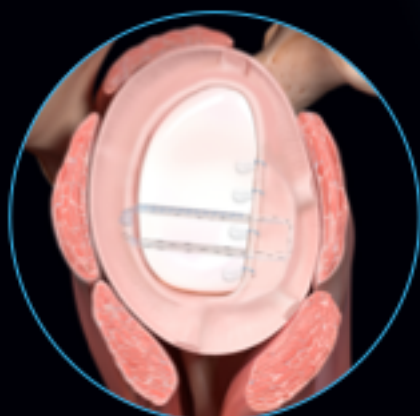
Shoulder Instability Management Begins and Ends With Knotless FiberTak® Soft Anchors



1.8 mm Knotless FiberTak® labral repair



All-inside remplissage with 2.6 mm self-punching Knotless FiberTak®



Bone block cerclage with 1.8 mm Knotless FiberTak® capsulolabral repair



Scan the code to
learn more about this
innovative product



arthrex.com

© Arthrex GmbH, 2022. All rights reserved.

Arthrex®

PROGRAMME

08:30 WELCOME & REGISTRATION
WHEN THINGS GO WRONG..

08:45 Annual meeting members NVA

09:15 Official welcome chairman Duncan Meuffels

The Unhappy Knee: What Every Orthopaedic Surgeon Should Learn from Failure

09:20 **Multi-ligament knee injury - Tips and tricks I have learned the hard way**

Ciara Stevenson, Specialist Knee and Trauma Surgeon, Royal Victoria Hospital Belfast

09:50 **New technique = New complications**

Matthieu Ollivier, Knee Surgeon, Aix Marseille University and Versailles Hospital

10:20 **COFFEE, EXHIBITION & NETWORKING**

10:50 **Free Paper Session (6 min. presentation, 2 min. questions)**

- MRI-based Estimation of Bone Age: An Alternative to X-ray Based Technology for Adolescent Knee Patients? - Laura Kemmeren, Erasmus MC
- Long head of biceps tenotomy versus tenodesis in arthroscopic rotator cuff repair: the long-term follow-up of the BITE randomized controlled trial - Igor Shirinskiy, OLVG
- Increased Posterior Tibial Slope and Lateral Extra-Articular Tenodesis Are Independently Associated with Revision Anterior Cruciate Ligament Reconstruction in a Young High-Risk Primary Anterior Cruciate Ligament Reconstruction Population - Wybren van der Wal, ZGV
- BIOHACK trial - Laurens Allaart, OLVG
- Long-Term Strength Outcomes of Low-Load Blood Flow Restriction Training Following ACL Reconstruction - Kelly Daemen, Zuyderland

11:30 **Poster presentations (2 min. presentation, 1 min. questions)**

- Beyond Positive/Negative: A 20-Category Pain,ÄStrength Score Improves Diagnostic Accuracy of Rotator Cuff Tests for Full-Thickness Tears - Laurens Allaart, OLVG
- Preoperative Quadriceps Asymmetry Predicts Failure to Achieve Strength Symmetry After ACL Reconstruction: Implications for Surgical Timing and Prehabilitation - Jordi Elings, ZGV
- Conversion rate and long-term functional outcomes after non-operative treatment for acute, high-grade acromioclavicular dislocations - Eduard van Eecke, AZ Delta
- Quadriceps Tendon Autograft Is Associated With the Highest Incidence of Arthrofibrosis After Anterior Cruciate Ligament Reconstruction: A Systematic Review and Meta-analysis - Jelle van der List, The Ohio State University
- Comparing Stäubli, Jakob and Blumensaat Measurements in PCL Stress Radiography: The Relative Value of Physical Examination, MRI and Stress Imaging - M. Hagmeijer, Erasmus MC
- Addition of anterolateral corner reconstruction is associated with cyclops lesion after ACL reconstruction - Lynn Kamphof, OCON/Frisius MC

PROGRAMME



DePuy
Synthes

11:50 Stabilization Procedures for Shoulder Instability "The Hard or the Soft way"

Alex Poublon, Peer van der Zwaal en Bart-Jan Veen

12:20 ACL + LET: Treating the right person at the right time

Jelle van der List, Mark Zee en Ciara Stevenson

12:50 LUNCHBREAK, NETWORKING & POSTER SESSION

When Good Outcomes Go Bad: Pitfalls in Ankle and Elbow Surgery.

13:50 Managing cases that unfold differently than planned, how to deal with them

Jordi Vega, Ankle Surgeon, iMove - Tres Torres, Hospital Quirón, Barcelona

14:20 When things go wrong... how I got up again!

Bertram The, Elbow Surgeon, Amphia Hospital Breda

14:50 Under Pressure: Decision Making in the Operating Room

Bernice Notenboom, Adventurer, Climate Journalist, Author of "Survival Mind"

15:20 TEA, EXHIBITION & NETWORKING

The Failed Shoulder: Lessons from the Experts

15.50 When Rotator Cuff Surgery Fails: Recognition, Reasons, and Recovery

Berthe Bøe, Shoulder Consultant Oslo University Hospital

16.20 Pitfalls in Shoulder instability

Emilio Calvo, Director of the Shoulder and Elbow Reconstructive Surgery Unit,
Fundacion Jimenez Diaz, Madrid

16.50 Award session Eikelaar & Poster Award

17.00 DRINKS & BITES



Smith+Nephew

DePuy
Synthes



Nederlandse Vereniging
voor Arthroscopie

TRUESPAN™

Meniscus Repair System



**DePuy
Synthes**

Smith+Nephew

+ Symposium

ACL+LET: Treating the right patient at the right time

Date: Friday 18 September 2026

Time: 12:15 – 12.45

Plenary room

Faculty



Dr Ciara Stevenson,
Royal Victoria
Hospital, Belfast (IR)



Dr Jelle van der List,
Ohio State University
Wexner Medical
Center, Columbus (US)



Dr Mark Zee,
Bergman Clinics,
Naarden (NL)



Q-FIX KNOTLESS
All-Suture Anchor



For detailed product information, including indications for use, contraindications, effects, precautions, warnings, and important safety information, please always consult product's Instructions for Use (IFU) prior to use.

SPEAKERS

Arthrex®
Smith+Nephew

DePuy
Synthes



Ciara Stevenson

Consultant Orthopaedic Surgeon, Belfast Knee Clinic and Royal Victoria Hospital, Belfast, United Kingdom



Bernice Notenboom

Author of Survival Mind, Polar Explorer and Climate Journalist, The Netherlands



Matthieu Ollivier

Professor of Orthopaedic Surgery, Aix-Marseille University Hospital, Marseille, France



Berte Bøe

Consultant Orthopaedic Surgeon and Head of the Arthroscopy Unit, Oslo University Hospital, Oslo, Norway



Jordi Vega

Orthopaedic surgeon, Hospital Universitari Dexeus and Universitat Autònoma de Barcelona, Barcelona



Emilio Calvo

Orthopaedic surgeon, Hospital Universitario Fundación Jiménez Díaz and Universidad CEU San Pablo, Madrid



Bertram The

Orthopaedic surgeon, Amphia Hospital, Breda, The Netherlands, specialized in hand, wrist and elbow surgery



**Nederlandse Vereniging
voor Arthroscopie**

SPEAKERS

Arthrex®
Smith+Nephew

DePuy
Synthes



Alex Poublon

Orthopaedic surgeon,
Gelderse Vallei Hospital,
Ede, The Netherlands,
specialized in shoulder
surgery



Jelle van der List

Orthopaedic surgeon,
The Ohio State University,
specialized in knee
surgery



Peer van der Zwaal

Orthopaedic surgeon, De
Schouderdokter, The
Hague, The Netherlands,
specialized in shoulder
surgery



Mark Zee

Orthopaedic surgeon,
Bergman Clinics, The
Netherlands,
specialized in knee
surgery



Bart-Jan Veen

Orthopaedic surgeon,
Medisch Spectrum
Twente, Enschede, The
Netherlands, specialized
in shoulder surgery



**Nederlandse Vereniging
voor Arthroscopie**

VENUE

Landgoed de Horst

On the estate you will find the Maitland Auditorium, an inspiring and unique venue for conferences and (corporate) events in the heart of the Utrechtse Heuvelrug. With this conference hall, we pay tribute to the philosophy of Charles Maitland, founder of De Baak, the parent organization. He believed that the right ambiance enhances the ability to absorb information.

The layout of the main hall allows for direct interaction between the speaker and the audience. In addition, there is plenty of space both indoors and outdoors to conclude the day together in an enjoyable way, for example with a walking dinner.



September 18th 2026
8:30 - 18:30



Landgoed de Horst
De Horst 1
3971 KR
Driebergen-Rijsenburg



www.scopie.org/jaarcongres



Info@Excelcs.nl
013-5440013