

# NVA ANNIVERSARY CONGRESS

# 20 25



Nederlandse Vereniging  
voor Arthroscopie

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THURSDAY 4 & FRIDAY 5 SEPTEMBER 2025  
HUIS TER DUIN, NOORDWIJK  
THE NETHERLANDS



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## PROGRAM THURSDAY SEPTEMBER 4TH

|       |                                                                                                                                       |
|-------|---------------------------------------------------------------------------------------------------------------------------------------|
| 08.00 | <b>Registration &amp; Coffee</b>                                                                                                      |
| 08:55 | Official welcome by Duncan Meuffels, Chairman Board NVA                                                                               |
| 09:00 | <b>Scientific Program Part 1: Return to the Future</b><br>Chair: Duncan Meuffels                                                      |
|       | Past President 1989 - 1992 - Arthur Lim                                                                                               |
|       | Past president 1992 - 1995 - Jaap Willems                                                                                             |
|       | Past president 2002 - 2005 - Burt Klos                                                                                                |
|       | Past president 2014 - 2017 - Gino Kerkhoffs                                                                                           |
|       | Past president 2017- 2023 - Jacco Zijl                                                                                                |
| 10:00 | <b>Coffeebreak &amp; exposition</b>                                                                                                   |
|       | <b>Scientific Program Part 2: Shoulder Traumatic Anterior Instability</b><br>Chairs: Olivier van der Meijden & Okke Lambers Heerspink |
| 10.30 | Is there still a Role for the Isolated Bankart Repair?<br>J.C. Yoo, Orthopedic Surgeon, Samsung Medical Centre, Seoul South Korea     |
| 10.50 | Arthroscopic Latarjet; is it Worth the Learning Curve?<br>Barbara Campos, Orthopedic Surgeon, CUF Tejo Clinic, Lisbon, Portugal       |
| 11.10 | Dynamic Anterior Stabilization; Here to Stay?<br>Catarina Angelo, Orthopedic Surgeon, Clinica do Dragao FIFA Medical Centre, Porto    |
| 11.30 | Nothing beats Classic Latarjet<br>Nicolas Bonnevalle, Orthopedic Surgeon, CHU de Toulouse, France                                     |
| 11.50 | Panel discussion & questions                                                                                                          |
| 12.00 | <b>NVA Annual Member Meeting</b>                                                                                                      |
| 12:45 | <b>Lunch &amp; Exposition</b>                                                                                                         |



## PROGRAM THURSDAY SEPTEMBER 4TH

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|       | <b>Scientific Program Part 3: Meniscus</b><br>Chairs: Aernout Zuiderbaan & Bart Oudelaar                                                                                                           |
| 13.45 | Meniscus Root Injuries: Bridging Biomechanics with Modern Practice<br><b>Wybren van der Wal</b> , Orthopedic Surgeon, Ziekenhuis Gelderse Vallei, NL                                               |
| 14.05 | The Role of Alignment in Meniscal Injury Treatment<br><b>Al Getgood</b> , Orthopedic Surgeon, Aspetar, Qatar                                                                                       |
| 14.25 | Meniscus Injury in High Level Athletes<br><b>Andy Williams</b> , Orthopedic Surgeon, Fortius Clinic, United Kingdom                                                                                |
| 14.45 | Meniscal Transplant, 25 years of Experience<br><b>Ewoud van Arkel</b> , Orthopedic Surgeon, Haaglanden Medisch Centrum, NL                                                                         |
| 15.05 | Discussion                                                                                                                                                                                         |
| 15.15 | <b>Coffee / Tea break</b>                                                                                                                                                                          |
|       | <b>Scientific Program Part 4: Hip, Patellofemoral and Sports Psychology</b><br>Chairs: Tom Piscaer & Nienke van Egmond                                                                             |
| 15.45 | Hip Arthroscopy<br>T.B.A.                                                                                                                                                                          |
| 16.05 | Patellofemoral Instability in the Setting of High-Grade Dysplasia: The Role of MPFL Reconstruction and Trochleoplasty<br><b>Laurie Hiemstra</b> , Orthopedic Surgeon, Banff Sport Medicine, Canada |
| 16.35 | Psychological Skills for Elite Performances and Mental Health<br><b>Rico Schuijers</b> , Sports Psychologist, ProTask, Doornenburg, NL                                                             |
| 17.00 | Panel discussion                                                                                                                                                                                   |
| 17.15 | <b>Drinks</b>                                                                                                                                                                                      |
| 19.00 | <b>Evening program Anniversary Celebration (tickets only)</b>                                                                                                                                      |



## PROGRAM FRIDAY SEPTEMBER 5TH

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|-------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| 08.00 | <b>Registration &amp; Coffee</b>                                                                                                              |
|       | <b>Scientific Program Part 5: Ankle</b><br><i>Chairs: Anika Tsuchida &amp; Thomas Eggen</i>                                                   |
| 08.30 | Optimal Treatment for Navicular Fractures in Athletes<br><b>James Calder</b> , Orthopedic Surgeon, Fortius Clinic, UK                         |
| 08.55 | Operative Reconstruction of Lateral Ankle Ligaments<br><b>Ursula Zdanowicz</b> , Orthopedic Surgeon, Carolina Medical Center, Pittsburgh, USA |
| 09.20 | Orthopaedic medicine; hormones, habits, pain and psychology<br><b>Sjoerd Stufkens</b> , Orthopedic Surgeon, Amsterdam UMC, NL                 |
| 09.45 | Discussion                                                                                                                                    |
| 10.00 | <b>Coffee / Tea break</b>                                                                                                                     |
|       | <b>Scientific Program Part 6: Other fun</b><br><i>Chairs: Olivier van der Meijden &amp; Nienke van Egmond</i>                                 |
| 10:30 | The Elbow<br><b>Roger van Riet</b> , Orthopedic Surgeon, AZ Monica, Antwerp, BE                                                               |
| 10:55 | AI in Orthopedics<br><b>Paul Koning</b> , Orthopedic Surgeon n.p., Co-Founder OurMind                                                         |
| 11.20 | <b>Scientific Program Part 7: Free papers</b><br><i>Chairs: Frank Bloemers &amp; Aernout Zuiderbaan</i>                                       |
|       | 5 free papers out of submitted abstracts                                                                                                      |
|       | <b>Scientific Program Part 8: Parallel Sessions</b>                                                                                           |
|       | Advanced approaches to multi-ligament knee injuries and meniscus preservation                                                                 |
|       | Subjects to be announced                                                                                                                      |
|       | Subjects to be announced                                                                                                                      |
|       |                                                                                                                                               |



## PROGRAM FRIDAY SEPTEMBER 5TH

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| 13.00 | <b>Lunch</b>                                                                                                                                                                                                                                                                                                                                                                            |
| 14.00 | <b>Scientific Program Part 9: Parallel Sessions Partner Societies<br/>VSG &amp; NVFS</b>                                                                                                                                                                                                                                                                                                |
| VSG   | <p>The Female Athlete: From Hip Morphology to Osteoarthritis (PROFE Study)<br/><b>Rintje Agricola</b>, Orthopedic Surgeon Anna Hopital &amp;<br/><b>Tom Beddows</b>, PhD Erasmus MC Rotterdam</p> <p>Paralympic Power: The Team Behind the Athlete<br/><b>Hiske Kneepkens</b>, Sportsmed, NOCNSF</p>                                                                                    |
| NVFS  | <p>Examination and Rehabilitation Considerations of Patients with Patellofemoral Instability - not just your Standard Knee Evaluation<br/><b>Laurie Hiemstra</b>, Orthopedic Surgeon, Banff Sport Medicine, Canada</p> <p>Patients with Patellofemoral instability, get 'em stable on the field!<br/><b>Jiri Rutten</b>, Physiotherapist and Manual Therapist Fysiotherapie Utrecht</p> |
| 15.00 | <b>Coffee / Tea break</b>                                                                                                                                                                                                                                                                                                                                                               |
|       | <b>Scientific Program Part 10: Ligamentous Knee Injuries</b><br><i>Chairs: Roy Hoogeslag &amp; Wybren van der Wal</i>                                                                                                                                                                                                                                                                   |
| 15.30 | Individualized ACL Reconstruction - Lessons from the Stability Trials<br><b>Al Getgood</b> , Orthopedic Surgeon, Aspetar Qatar                                                                                                                                                                                                                                                          |
| 15.55 | MCL Anatomy, and Biomechanics, and their Relevance to MCL Surgery<br><b>Andy Williams</b> , Orthopedic Surgeon, Fortius Clinic, United Kingdom                                                                                                                                                                                                                                          |
| 16.20 | ACL Revisions, One- or Two-Stage, with or without Lateral Extra-articular Procedure.<br><b>Marc Jacob Strauss</b> , Orthopedic Surgeon, Oslo University Hospital, Ullevål, Norway                                                                                                                                                                                                       |
| 16.45 | <b>Discussion</b>                                                                                                                                                                                                                                                                                                                                                                       |
| 17.00 | <b>Scientific Program Part 11: Final</b>                                                                                                                                                                                                                                                                                                                                                |
|       | Eikelaar award                                                                                                                                                                                                                                                                                                                                                                          |
|       | Closure                                                                                                                                                                                                                                                                                                                                                                                 |
| 17.00 | <b>Farewell Drinks &amp; Apetizers</b>                                                                                                                                                                                                                                                                                                                                                  |



Nederlandse Vereniging  
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## ANNIVERSARY MEETING 2025

Thursday 4 & Friday 5 september 2025  
The Netherlands

### VENUE:

Huis ter Duin  
Kon. Astridboulevard  
Noordwijk

### ORGANISATION:

NVA / Excel Congressservice  
Van Rijckevorsellaan 31  
5066 BR Moergestel  
[www.excelcs.nl](http://www.excelcs.nl)  
T. +31 13 544 00 13  
E. [Info@excelcs.nl](mailto:Info@excelcs.nl)

### ACCREDITATION:

Accreditation points will be requested for at:  
NOV  
VSG  
Kwaliteitsregister Fysiotherapie

### EARLY BIRD REGISTRATION FEE: (ENDS JUNE 1ST)

|                                                  | 1 DAY | 2 DAYS | PACKAGE-DEAL* |
|--------------------------------------------------|-------|--------|---------------|
| MEMBER                                           | 225   | 425    | 675           |
| RESIDENT                                         | 100   | 200    | 500           |
| NON- MEMBER                                      | 275   | 500    | 800           |
| *2 DAY CONGRES, THURSDAY HOTELROOM, TICKET PARTY |       |        |               |

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EARLY BIRD PRICE ENDS JUNE 1ST



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