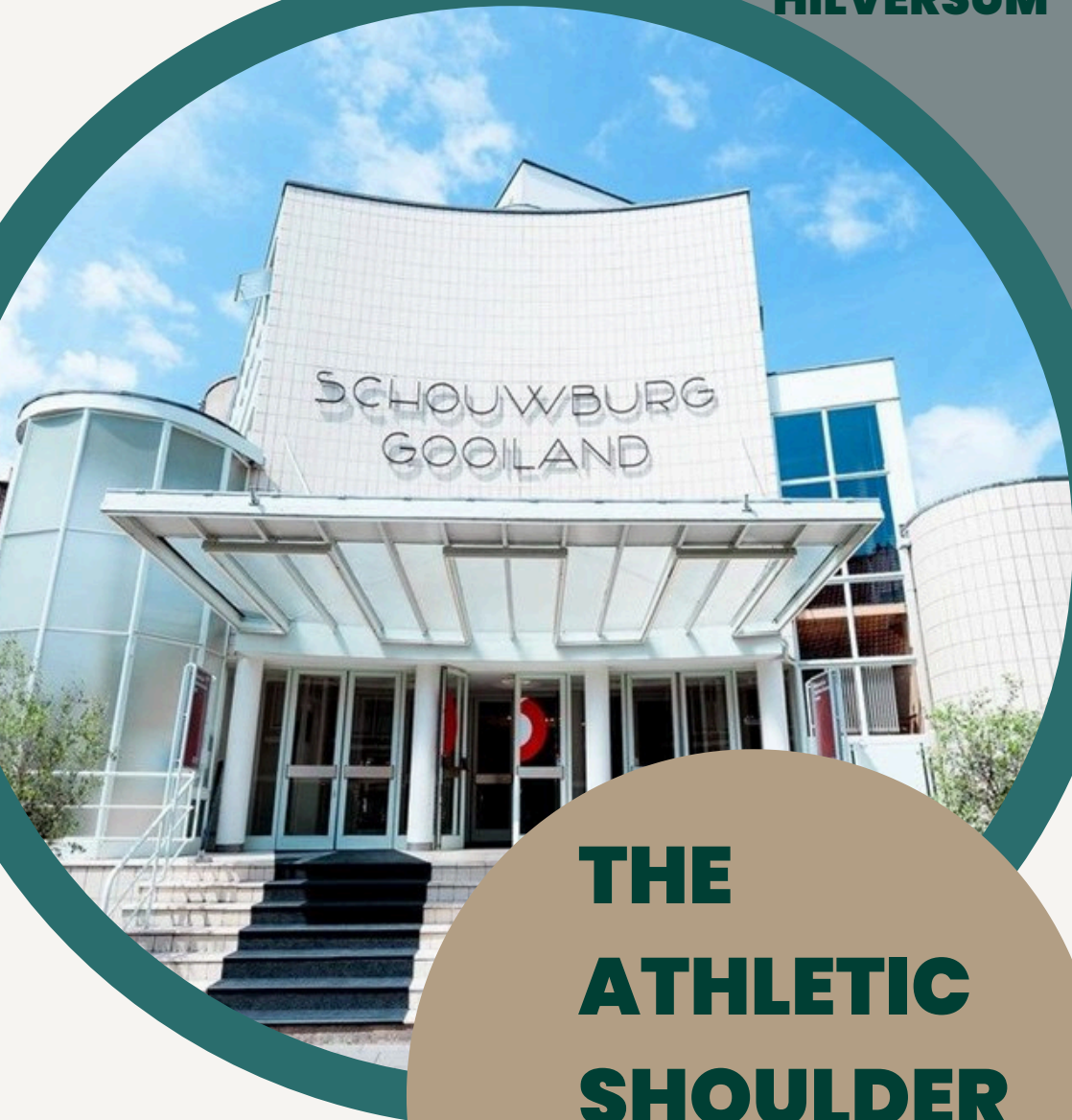


**4 APRIL 2025
GOOILAND
HILVERSUM**



**THE
ATHLETIC
SHOULDER**

PROGRAM, APRIL 4TH

THE ATHLETIC SHOULDER

08.30

Shoulder injuries up to date

08.30	Opening en welcome	Laura Kok
08.35	New Guidelines for Shoulder Dislocation	Robert Jan Derksen
09.00	Internal impingement: the thrower's paradox...	Norman D'Hondt
09.15	SC Injuries	Alexander van Tongel
09.35	Treatment of AC Joint Instability - 10 Years of ISAKOS Consensus revisited	Knut Beitzel

10.00

Coffee

10.45

Parallel Sessions

1

Surgical techniques

10.45	Remplisage	Roeland Riedijk
11.10	DAS: option between Bankart and Latarjet	Alexander Laedermann
11.35	Bone block procedures for shoulder instability	Pol Huijsmans

2

Hands-on

10.45	How to fix a wobbly shoulder in teenage and young adult athletes	Sharon Portegies
11.10	Sports med
11.35	Implicit techniques for athletes, lessons from martial arts	Wieger Heijnen

12.00

Lunch

13.00

Plenary Sessions

13.00	Shoulder injuries in martial arts	Claudio Rosso (online)
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13.25

The battles

13.25	Surgical treatment vs Physiotherapy for first-time traumatic anterior shoulder dislocation	Tim Kraal vs. Norman D'Hondt
14.00	Bankart repair with remplisage versus Latarjet	Laura Kok vs. Pol Huijsmans

14.35

Tea &

Rugby Scrum workshop door Allard Jonkers, bondscoach

15.15

Rugby shoulders

15.15	Rugby: The Game, the Passion and the Hurts	Liam Paget
15.35	A physiotherapist's approach to top rugby in the Netherlands	Toine van den Berg
15.50	Rugby shoulders from an orthopedic perspective	Roeland Riedijk
16.05	Highs and lows of the game from a Mystery Professional Rugby Player's perspective.	Michael Powell
16.25	Challenges of the game: Performance, Leadership and brotherhood from the perspective of national team coaches	Panel discussion

17.00

Conclusion & drinks

Name	Profession	Affiliation
Knut Beitzel	Orthopedic Surgeon	ATOS Orthoparc Klinik GmbH
Toine van de Berg	physiotherapist	Fysio Cura Plaza
Norman D'Hondt	physiotherapist	Hogeschool Utrecht
Robert Jan Derksen	Trauma surgeon	Zaans Medisch Centrum
Wieger Heijen	physiotherapist	Paramedisch Centrum Luxor
Pol Huijsmans	Orthopedic Surgeon	De Schouderdokter
Allard Jonkers	physiotherapist	Sportsmanager Rugby
Laura Kok	Orthopedic Surgeon	Tergooi Ziekenhuis
Tim Kraal	Orthopedic Surgeon	Flevo Ziekenhuis
Alexandre Laedermann	Orthopedic Surgeon	La Tour Hospital
Mitch Mcgahan	Rugby Coach	Bondscoach
Liam Paget	Resident Orthopedic Surgeon	Tergooi Ziekenhuis
Sharon Portegies	physiotherapist	Portegies Fyio
Roeland Riedijk	Orthopedic Surgeon	Tergooi Ziekenhuis
Claudio Rosso	Orthopedic Surgeon	Arthro Medics Basel
Alexander van Tongel	Orthopedic Surgeon	Universiteit Gent

REGISTRATION & INFORMATION

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REGISTRATION & INFORMATION

REGISTRATION FEES

Orthopedic/Trauma Surgeon	€ 295
sports physician	€ 295
Resident	€ 150
PA / VS	€ 150
Physiotherapist	€ 150
PhD *	€ 100

ACCREDITATION

5 Points NOV
Requested at Kwaliteitshuis Fysiotherapie.

If there is sufficient interest, accreditation will also be requested for physician assistant (NAPA) and Nurse practitioners (VS)

*) alleen mogelijk met bewijs van fulltime PhD getekend door promotor

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