European Congres of Shoulder & Elbow Rehabilitation - “Brain & Pain”

Friday 13th December 2019

09:30 Registration

09:00 Block 1 - Introduction
  09:00 Welcome & Update
      Karin Hekman, Suzan Gard, Kevin Kuppens
  09:10 Iris Coppoeters
  09:35 Gregory Cunningham
  10:00 Junior Researcher Award Presentations
      Yasmaine Karel
  10:08 Abstracts presentation
  10:18 Abstracts presentation
  10:28 Abstracts presentation
  10:38 Public Vote
      Yasmaine Karel

10:45 Break

11:15 Block 2 - Brain and upper limb pain
  11:15 Kevin Kuppens
  11:45 Jo Gibson

12:15 Discussion

12:30 Lunch Break

13:30 Block 3 - Parallel Sessions & Masterclasses*
  Session 1: Neuro Rehabilitation
  Session 2: Elbow
  Session 3: Biomechanical changes in Shoulder Pain
  Session 4: Prognostic Factors & Risk Factors
  Session 5: Unusual causes of shoulder pain
  Session 6: Shoulder rehabilitation; future perspectives
  Session 7: Cuff related pain
  MCL 1: Neuromuscular Training
  MCL 2: Motor Learning
  MCL 3: Worst Cases

15:00 Break

15:30 Block 4 - Beyond the joint
  15:30 Rachel Chester
  16:00 Prof. Vlaeyen
  16:30 Award Giving Ceremony / Public Vote
      Yasmaine Karel

17:00 Drinks at exhibition

Saturday 14th December 2019

09:00 Registration

09:00 Block 1 - Keynote lecture
  09:30 Ann Cools

10:00 Block 2 - Workshop round 1
  10:00 WS 1: Tendinopathy
      Ann Cools
  10:30 WS 2: Complex Instability
      Anju Jaggi
  11:00 WS 3: Return to sport after shoulder injury
      Suzanne Gard
  11:30 WS 4: Functional Training in complex pain patients
      Jo Gibson
  12:00 WS 5: Elbow tendinopathy
      Val Jones
  12:30 WS 6: Cognitive Functional Training in Shoulder Pain
      Céline Labie
  13:00 WS 7: Functional Electro Stimulation
      Andre Le Leu
  13:30 WS 8: Integrated Ultra Sound Care
      Mike Smith

11:00 Block 2 - Workshop round 2
  Workshops are similar to Workshop round 1

12:00 General Assembly EUSSER

12:30 Lunch Break
### Session 1: Neuro Rehabilitation
- 13:30: Hans Koelman
- 13:55: Anke van Bladel
- 14:20: Jos IJspeert

### Session 2: Elbow
- 13:30: Denise Eygendaal
- 13:55: Val Jones
- 14:20: Michel van den Bekerom

### Session 3: Biomechanical changes Shoulder Pain
- 13:30: Ewoud van Arkel
- 13:55: Pol Huijsmans
- 14:20: Lennart Voogt

### Session 4: Prognostic Factors & Risk Factors
- 13:30: Rachel Chester
- 13:55: Gerard Koel
- 14:20: Liesbet de Baets

### Session 5: Unusual Causes of Shoulder pain
- 13:30: Liesbet Rejshus
- 14:20: T.B.A.

### Session 6: Shoulder rehabilitation
- 13:30: Ingrid Hultenhein
- 14:20: Karin Hekman

### Session 7: Cuff related pain
- 13:30: Jan Louwerens
- 13:55: Julia Noorduyn
- 14:20: T.B.A.

### MCL 1: Neuromusculair Training
- 13:30: Karin Geryszewski
- 14:20: Andre Le Leu

### MCL 2: Motor Learning
- 13:30: Shoulder Community

### MCL 3: Worst Cases
- 13:30: Case 1
- 13:55: Case 2
- 14:20: Case 3