

# European Congress of Shoulder & Elbow Rehabilitation - "Brain & Pain"

Friday 13<sup>th</sup> December 2019

09:30 Registration

**09:00 Block 1 - Introduction**

09:00 Welcome & Update  
*Karin Hekman, Suzan Gard, Kevin Kuppens*

09:10 *Iris Coppieters*

09:35 *Gregory Cunningham*

10:00 Junior Researcher Award Presentations  
*Yasmaine Karel*

10:08 Abstracts presentation

10:18 Abstracts presentation

10:28 Abstracts presentation

10:38 Public Vote  
*Yasmaine Karel*

10:45 Break

**11:15 Block 2 - Brain and upper limb pain**

11:15 *Kevin Kuppens*

11:45 *Jo Gibson*

12:15 Discussion

12:30 Lunch Break

**13:30 Block 3 - Parallel Sessions & Masterclasses\***

Session 1: Neuro Rehabilitation

Session 2: Elbow

Session 3: Biomechanical changes in Shoulder Pain

Session 4: Prognostic Factors & Risk Factors

Session 5: Unusual causes of shoulder pain

Session 6: Shoulder rehabilitation; future perspectives

Session 7: Cuff related pain

MCL 1: Neuromuscular Training

MCL 2: Motor Learning

MCL 3: Worst Cases

15:00 Break

**15:30 Block 4 - Beyond the joint**

15:30 *Rachel Chester*

16:00 *Prof. Vlaeyen*

16:30 Award Giving Ceremony / Public Vote  
*Yasmaine Karel*

17:00 Drinks at exhibition

Saturday 14<sup>th</sup> December 2019

09:00 Registration

**09:30 Block 1 - Keynote lecture**

09:30 *Ann Cools*

**10:00 Block 2 - Workshop round 1**

WS 1: Tendinopathy

*Ann Cools*

WS 2: Complex Instability

*Anju Jaggi*

WS 3: Return to sport after shoulder injury

*Suzanne Gard*

WS 4: Functional Training in complex pain patients

*Jo Gibson*

WS 5: Elbow tendinopathy

*Val Jones*

WS 6: Cognitive Functional Training in Shoulder Pain

*Céline Labie*

WS 7: Functional Electro Stimulation

*Andre Le Leu*

WS 8: Diagnostic ultrasound and shoulder pain: how does it fit into the patient care pathway, who can use it and how do you train. A pan-European, cross-profession approach

*Mike Smith*

**11:00 Block 2 - Workshop round 2**

Workshops are similar to Workshop round 1

12:00 General Assembly EUSSER

12:30 Lunch Break

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## \* Friday 13<sup>th</sup> December 2019: Parallel Sessions & Masterclasses

### Session 1: Neuro Rehabilitation

13:30 Hans Koelman  
13:55 Anke van Bladel  
14:20 Jos Ijspeert

### Session 2: Elbow

13:30 T.B.A.  
13:55 Val Jones  
14:20 Michel van den Bekerom

### Session 3: Biomechanical changes Shoulder Pain

13:30 Ewoud van Arkel  
13:55 Pol Huijsmans  
14:20 Lennart Voogt

### Session 4: Prognostic Factors & Risk Factors

13:30 Rachel Chester  
13:55 Gerard Koel  
14:20 Liesbet de Baets

### Session 5: Unusual Causes of Shoulder pain

13:30 Liesbet Rejshus  
13:55 Ann de Groef  
14:20 T.B.A.

### Session 6: Shoulder rehabilitation

13:30 Ingrid Hultenheim  
13:55 Anju Jaggi  
14:20 Karin Hekman

### Session 7: Cuff related pain

13:30 Jan Louwerens  
13:55 Julia Noorduyt  
14:20 T.B.A.

### MCL 1: Neuromusculair Training

13:30 Karin Geryszewski  
14:20 Andre Le Leu

### MCL 2: Motor Learning

13:30 Shoulder Community

### MCL 3: Worst Cases

13:30 Case 1  
13:55 Case 2  
14:20 Case 3