Friday 13th December

08:30 Registration

09:00 Block 1 - Introduction
09:00 Welcome & Update
   Karin Hekman, Suzanne Gard, Kevin Kuppens
09:10 Understanding Pain
   Iris Coppieters
09:35 Shoulder apprehension? Is it really instability?
   Gregory Cunningham
10:00 Junior Researcher Award Presentations
   Yasmaine Karel
10:08 Abstracts presentation
10:18 Abstracts presentation
10:28 Abstracts presentation
10:38 Public Vote
   Yasmaine Karel

10:45 Break

11:15 Block 2 - Brain and upper limb pain
11:15 Shoulder Pain orchestrated by the brain
   Kevin Kuppens
11:45 Shoulder Pain and movement patterns
   Jo Gibson
12:15 Discussion

12:30 Lunch Break

13:30 Block 3 - Parallel Sessions & Masterclasses*
   Session 1: Neuro Rehabilitation
   Session 2: Elbow
   Session 3: Biomechanical changes Shoulder Pain
   Session 4: Prognostic Factors & Risk Factors
   Session 5: Unusual causes of shoulder pain
   Session 6: Shoulder rehabilitation: are we on the right track?
   Session 7: Cuff related pain
   MCL 1: Neuromuscular Training
   MCL 2: Motor Learning
   MCL 3: Worst Cases

15:00 Break

15.30 Block 4 - Free Papers

16:30 Block 5 - Beyond the joint
16:30 Self efficacy and risk of shoulder pain: CART analysis
   Rachel Chester
17:00 Shoulder pain: Cognitive and behavioural aspects
   Prof. Vaneyen

17:30 Award Giving Ceremony / Public Vote
17:45 Drinks at exhibition

Saturday 14th December

09:00 Registration

09:30 Block 1 - Keynote lecture
   Update of evidence in shoulder rehab
   Ann Cools

10:00 Block 2 - Workshop round 1

WS 1: Tendinopathy
   Ann Cools
WS 2: Complex Instability
   Anju Jaggi
WS 3: Return to sport after shoulder injury: tests and exercise
   Suzanne Gard
WS 4: Functional Training in complex pain patients
   Jo Gibson
WS 5: Elbow tendinopathy
   Val Jones
WS 6: A cognitive functional approach for the targeted management of complex shoulder pain
   Céline Labe
WS 7: Functional Electro Stimulation
   Andre Le Leu
WS 8: Diagnostic ultrasound and shoulder pain: how does it fit into the patient care pathway, who can use it and how do you train. A pan-European, cross-profession approach
   Mike Smith

11:00 Break

11:30 Block 3 - Workshop round 2
   Workshops are similar to Workshop round 1

12:30 Lunch Break

13:00 General Assembly EUSSE
<table>
<thead>
<tr>
<th>Session 1: Neuro Rehabilitation</th>
<th>Session 2: Elbow</th>
<th>Session 3: Biomechanical changes Shoulder Pain</th>
<th>Session 4: Prognostic Factors &amp; Risk Factors</th>
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<tbody>
<tr>
<td>13:30 Focal Dystony in musicians Hans Koelman</td>
<td>13:30 Trauma and instability of the elbow Lex Boerboom</td>
<td>13:30 Biomechanical changes at SAPS Ewoud van Arkel</td>
<td>13:30 Psychosocial factors associated with shoulder pain Rachel Chester</td>
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<td>14:20 Rehabilitation of neuralgic amyotrophy Jos Jipspeert</td>
<td>14:20 Elbow arthritis: treatment options Michel van den Bekerom</td>
<td>14:20 Effect of exercise therapy on strength, mobility and coordination in SAPS: a systematic review Lennart Voogt</td>
<td>14:20 Influence of cognitions, emotions and behavioral factors Liesbet de Baets</td>
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<th>Session 5: Unusual Causes of Shoulder pain</th>
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<tr>
<td>13:30 Winging scapula on the basis of neuritis of the long thoracic nerve Lisbeth Rejsenhus</td>
<td>13:30 Scandinavia: development &amp; vision Ingrid Hultenheim Klintberg</td>
<td>13:30 The Dutch KALK study: treatment options for calcific tendinitis of the rotator cuff Jan Louwerens</td>
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<td>14:36 Dutch development &amp; vision Karin Hekman</td>
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<td>13:30 Control over Motor Control Karin Geryszewski</td>
<td>13:30 Introduction</td>
<td>13:30 Frozen Shoulder &amp; the Brain / CNS</td>
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<td>13:50 Talk 2 - Peter Glashouwer</td>
<td>13:50 Talk 3 - Allard Bakker</td>
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<td>14:05 Talk 4 - Norman D'hondt</td>
<td>14:05 Small moderated group discussions</td>
<td>14:20 Case 3</td>
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<td>14:50 General conclusions &amp; future directions</td>
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