

## FINAL PROGRAM

# 1<sup>ST</sup> LOWLAND SHOULDER CONGRESS

FRIDAY MARCH 29<sup>TH</sup> 2019  
FROM 8 AM TILL 5.30 PM

## INTERNATIONAL KEYNOTE SPEAKERS

DR. ANDERS EKELUND, SWEDEN

DR. TOMAS SMITH, GERMANY

PROF. DR. LIEVEN DE WILDE, BELGIUM

## VENUE

VILLA RIETVINK  
HILVERSUMSEWEG 37  
1251 EW LAREN  
THE NETHERLANDS



## INFORMATION & ORGANISATION

### Registration

[www.excelcs.nl](http://www.excelcs.nl)

### Registration fee

€ 150,00 Orthopaedic Surgeons

€ 100,00 Residents

### Accreditation

Granted: 6 points by NOV

### Registration fee includes

Coffee, tea, lunch and snack

### Sponsoring

Congress is sponsored by:

#### Premium sponsor

- DePuy Synthes, a company of Johnson & Johnson Medical BV

#### Other sponsoring

- Tergooi Hospital
- BdH Medical, HB Medical, Implantcast Benelux and Materialise

**08.00 REGISTRATION AND COFFEE**

**08.30 WELCOME AND INTRODUCTION**

Maarten de Vos

**08.35 FRACTURES**

"Fracture treatment; indications and tips for decision-making"

Roeland Riedijk

Four part fractures hemi/conservative/reversed

Peer Konings

Failed fracture prostheses

Lieven de Wilde

Importance greater tuberositas in fracture treatment

Anders Ekelund

**10.20 BREAK**

**10.50 REVERSED**

Delta Xtend optimal position

Tjarco Alta

How important is notching with the Delta Xtend?

Cornelis Visser

Delta Xtend follow-up

Lieven de Wilde

Management of instability of the reversed shoulder arthroplasty

Tomas Smith

"Complications with Delta Xtend; how to revise the reversed"

Anders Ekelund

**12.00 MEET THE EXPERT**

**12.30 LUNCH**

**13.15 STEMLESS/ PSI**

The short stem in shoulder arthroplasty, does it really work?

Tomas Smith

Preliminary results Icon prostheses Tergooi Hospitals

Maarten de Vos

"PSI; do we really need it?"

Anders Ekelund

Use of PSI in Walch B3 and C deformities

Cornelis Visser

**14.30 BREAK**

**15.00 CASES**

"Discussion around various case reports (registered attendees to be asked to submit and upload 2 weeks ahead of conference; cases chosen by faculty)"

All

**16.30 DRINKS**